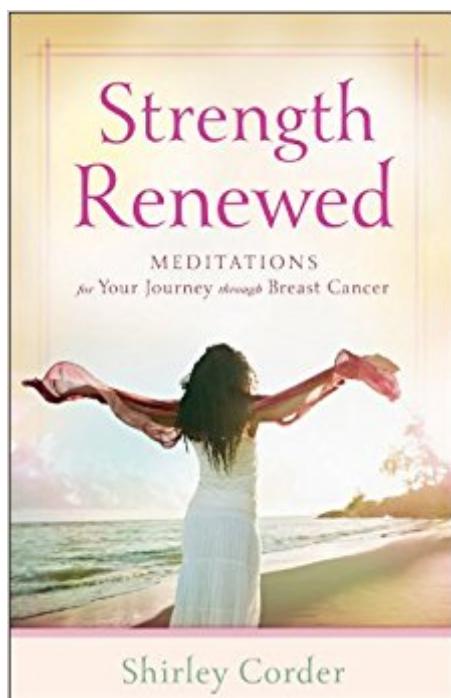


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# Strength Renewed: Meditations For Your Journey Through Breast Cancer



## **Synopsis**

Nothing can sap a person's strength and hope quite like a cancer diagnosis--unless it is the energy-stealing chemotherapy and surgeries faced in the fight against cancer. But one can find hope and strength in the pages of Scripture and in the experience of someone who has been there. *Strength Renewed* is an encouraging daily devotional for those living in the valley of cancer. Meditations combine Scripture and stories from the author's own experience and can be read in sequential order to move the reader through a typical cancer journey from diagnosis through treatment. Each devotion also stands on its own, so readers can go directly to the entry that speaks to their need. Each meditation concludes with a short prayer and a Scripture verse for encouragement.

## **Book Information**

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## **Customer Reviews**

"This is the most wonderful book for those suffering with breast cancer and trying to do their best to overcome it. I love the way Shirley shares each step of the way, dealing with the issues at hand. With experience, tenderness and compassion, she will help you find peace and strength in God and His Word. This is a precious book to get if you have breast cancer, a wonderful gift for those you know suffering with it. I so highly encourage everyone to get this book for those women in your life who need this or who may need it." *Faithful Acres Body Soul Spirit* Excerpt from *Review* "Each devotion leads the reader through the grief process of discovering you have cancer, dealing with people when trying to tell them you have cancer, frustrations and misunderstandings and so on. All

of the emotional processes that a cancer patient goes through are addressed in this book, from the start right to the finish of the process."Corallie BuchananÂ Excerpt from Review."Your book has been a Godsend to me as I journey through breast cancer. I have many pages tabbed that I refer back to often! I've already purchased two more copies...one for a friend who is currently going through the journey, and another for someone who has yet to be diagnosed. Thanks so much for sharing your journey!"MJones Excerpt from Review

"Those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." (Isaiah 40:31 NIV)Â Â Â When I received my diagnosis of cancer, I didn't know anything about eagles. I wanted my strength renewed, but how do you wait on anyone, even the Lord, when you're told you have cancer?Â Â Â Over the following months, I learned much about eagles and even more about myself. I'm not naturally patient, but the eagle is, and so is the Lord. Gradually I learned what it meant to wait on him, and each time I did, he renewed my strength. Strength Renewed contains 90 devotions based on lessons I learned during my sojourn in the cancer valley.Â Â Â Years after my diagnosis, I sensed the Lord prompt me to write this book for people struggling through the cancer valley. You may be one of those patients, or perhaps the disease has afflicted someone you care for. Possibly you work with someone who has cancer, or you're in the medical field. Whatever your involvement, I pray the stories in this book will help you wait on the Lord.Â Â Â During that long and difficult year of treatment, there were times I soared over the valley. Other times I plummeted to the depths. Yet always, before I hit the ground, the loving wings of my heavenly Father came underneath me, and lifted me back into his presence. He'll do the same for you as you seek to draw close to him through these devotions. Strength Renewed is designed to be read as a daily devotional reading and follows the cancer journey chronologically. However, you can read them in any order.Â Â Â Stories of my own experiences link to relevant Scripture readings. Three questions follow each meditation. There are no right or wrong answers. They will help you apply the material you have just read to your own particular cancer journey. No two people are alike. Answer the questions as honestly as you know how. Jot them down in a note book, and allow them to assist you to wait upon the Lord.Â Â Â My prayer is thatÂ He will renew your strength and help you rise and soar over the cancer valley.

Although I have not been touched by cancer personally, my mother was. I wish I had been able to buy Strength Renewed for her, but she died 2 months before I received the book.I received this

book from BookFun.org in exchange for a fair and honest review and I am thankful that I had that opportunity to do so. Since receiving my own copy to read, I have bought more copies and given them to others who have received a cancer diagnosis, and the book has been an encouragement to them. I am so glad to have a book that I can personally recommend written by someone who has "been in their shoes". I like everything about Strength Renewed ~ the short devotionals based on Shirley's experiences, the questions to the reader (food for thought), the prayers at the end of each devotion, the recommended reading list, the list of helpful scriptures, and the ways those who are trying to help and encourage those with cancer really can help ~ things to do and not to do. If you are looking for a book to encourage you through your own journey with cancer, or to give a friend, or to see what it is like for someone with cancer, this book is an excellent choice.

Strength Renewed is true to its title. Each meditation provides context within Shirley's life and what the Lord was teaching her. One feels they're getting to know Shirley by her easy-to-relate-to raw testimonies of the joys and agonies, ups and downs of her cancer diagnosis and treatment. Her transparency is refreshing. Throughout the book she provides three thought provoking questions to help readers personally apply the meditations. She allows people to become part of her story, as if standing beside them with welcoming arms. The questions are presented in a sharing format, with her vulnerability inviting the reader's own in answering and knowing someone understands. Short Scripture verses provide thoughts to cling to throughout the day, the perfect length to remember and use for encouragement. This is an excellent book, written with compassion, compelling the reader to enter into their own personal story, and convicting them of the trap of invulnerability (a difficult facade to maintain throughout the journey.)

This book is so great! It helped me get through the last part of my chemo treatments. Being diagnosed with cancer is bad enough. Then to have to go through the horrible experience of chemotherapy, to hopefully have a better chance of survival is so hard. One of the main points in this book stressed the fact that God was not surprised by my cancer and since my days were planned by Him, from before I was born, cancer did not change the number in anyway. I would recommend this book to anyone going through breast cancer, especially, as well as any type of cancer. It was a great source of encouragement to me and brought me closer to God in the process.

I found this book to be very helpful and encouraging. I too am a RN diagnosed & treated for breast cancer. I read a devotion a day & often identified with the author's emotions as she shared her

cancer journey. I was also encouraged by the daily Scripture and prayer that matched the theme beautifully. Her sense of humor & transparency is woven throughout the book. The end of the book includes special Bible verses for the reader and helpful suggestions for our friends and families. I just finished reading the book today & wished I had it while actually going through the treatment, which concluded shortly after I bought the book, but it was still a huge blessing. I appreciated that the author shared her feelings, thoughts, lessons learned and faith in God. Since I live in PA, USA, I also enjoyed learning a bit about African flowers, the author's favorite sites to visit, etc. I pray that you will find it a blessing as well!

"Strength Renewed" consists of 90 devotions which follow Shirley Corder's cancer journey chronologically, but they can be read in any order as each one stands alone. Shirley's upbeat personality, laced with her lovely sense of humour, shines through this beautifully written book. She comes alongside her readers as she chats with honesty and transparency about the roller coaster ride of having cancer, her treatment, recovery and personal relationships. Her faith in God is evident throughout the book. The meditations can be read on several different levels. Whether you want encouragement from the Bible, down-to-earth tips, words of hope, a short prayer or a connection with someone who really knows what the cancer valley is like because they've been there, you'll find it in this book. Shirley has included three questions in each devotion for those who wish to explore the cancer journey in more depth. Shirley's prayer in the introduction is that "this book will strengthen your faith." My brush with cancer was many years ago, but I found much in "Strength Renewed" to strengthen my faith today. I strongly recommend "Strength Renewed". It's an outstanding resource for anyone with cancer and for their companions on the journey through the cancer valley.

I originally had the Kindle version through Prime, but I loved it so much that I decided to buy the paper copy. Written by a woman from South Africa, the book provides a daily devotional reading based on her experiences with breast cancer. While her experience is different than my own, her thoughts and insights have been encouraging to me. She shares very frankly about her struggles both physically and spiritually and provides Biblical encouragement and reminders of the goodness of God.

Strength Renewed is a book not only for those facing cancer. I'm not in the cancer valley, and I don't know of anyone going through the cancer valley, and yet I've enjoyed Strength Renewed immensely. Shirley's talent and humor shine through her writing. The devotions are applicable for

any tough situations one may face and the reader merely has to mentally replace the word cancer for their own particular situation. No matter what you're going through, Strength Renewed will bless and encourage all who will listen to God speak through the pages of this book.

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